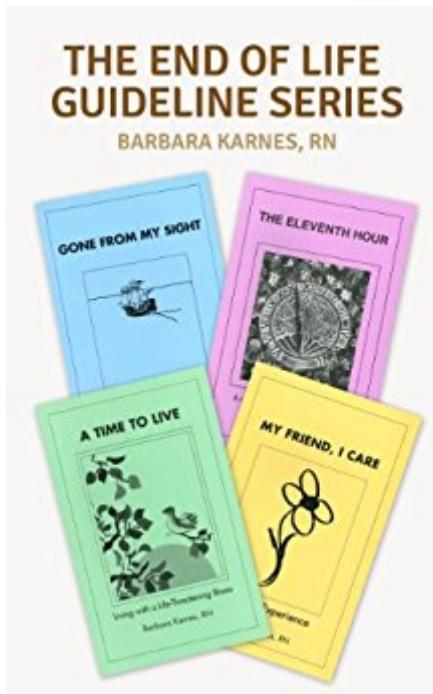


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# End Of Life Guideline Series: A Compilation Of Barbara Karnes Booklets



## **Synopsis**

When you or someone you know has been told by a physician that they have a disease that may not be treatable or if treatment is an option where the chances of cure or remission are slim, life as we know it changes instantly. We enter a phase of life that we have no preparation for. No one tell us how to live with a life threatening illness or what to expect when cure is no longer possible and we are dealing with the ending of life. The End of Life Guideline Series is a compilation of Barbara Karnesâ™ four booklets on end of life. Beginning with the guidance A Time To Life offers to a person who has been diagnosed with a life threatening illness. The End of Life Guideline Series progresses to Gone From My Sight , The Hospice Blue Book, which explains the signs of approaching death that begin months before death from disease and leads a family to the moment of death. The Eleventh Hour offers information, ideas and support for a caregiver/family member who are often alone as their loved one is dying, on how to care for a person in the hours to minutes before death and just after. The final section of this compilation is an exploration of the normal grieving process. What are the emotions and feelings that will surface as we grieve the loss of someone we care about and how will those emotions show themselves? The aim of this series is to neutralize some of the fear that an unpredictable future may bring. Knowledge of the dying process and itâ™s natural and normal unfolding can help create a meaningful and comforting experience as a loved one journeys from life. It is written in a simple, direct yet gentle manner. It is a short and valuable read. Following a death we often have questions about the disease progression and concerned memories. The End of Life Guideline Series gives knowledge of the natural, normal process of dying and grief. You can find comfort in itâ™s knowledge even if someone you care about has died years before.

## **Book Information**

File Size: 205 KB

Print Length: 55 pages

Publication Date: July 26, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B008PWXSH2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #38,709 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Death & Grief #24 in Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Parenting & Relationships #33 in Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Self-Help

## **Customer Reviews**

I've never had anyone close to me pass before but my father has end stage COPD and it's so helpful to read signs and symptoms that he has or could have. It's also very helpful to read what he could be going thru in his mind-things he can't put into words himself but may be feeling all or most of the time. This is all so comforting to have some clue to what may happen and the stages of how it could happen-just very helpful, educational...not enough words to describe really, how much peace reading these books has given me. \*in addition to my original review-my father died maybe a week after I read these books and I really feel that his death affected me far less than my siblings because I was in some way prepared for what I would see or experience. I highly recommend the last book in the series as well (My Friend, I Care") Not only for myself and my siblings but my mother-who is stronger in mind than anybody I have ever known but is truly having trouble with the loneliness, this empty space created when my father passed. He needed almost constant care for the last 2 years of his life so she had become very accustomed to his presence in the house. Please give these booklets a chance if you or someone you know is going through losing or having lost a loved one. The booklets aren't overwhelming-but short and concise. Ever so helpful in times like this.

I purchased these when the blue one was recommended by my mother's hospice nurse. It was invaluable in explaining what to expect and when. There were things that happened to my mother that, had it not been for the "blue" book, I would have not known what was happening. All four are very useful and worth reading several times each. They are easy to read, easy to understand and a comfort. Every patient's experience will differ, but these books are valuable tools and guides for what will be the most difficult time of your and a loved one's life.

We all will die. We all will experience loss. We will carry our own 'scars' as life progresses. Yet a scar is a reminder of a past hurt, yet it is also a reminder of a past life that can be relived, relived,

respected. And missed. My wife and I are in the Autumn of our lives. Each day brings on a new ache, pain and in each of our own lives, a diagnoses of the closeness of our own deaths. Respect, love, sharing and many other 'Pillers' have held our marriage high. So has being able to talk and understand each other. This book is a guide, a map if you will, to talk about this inevitable, final act, of our lives. We can structure our questions, our answers. We can share our wishes, even when they may surprise us, because we have used this to have an important discussion that we would regret not having - once in our lives.

Loved this series...love Barabra Karnes. Wonderful explanation of our exit from this terrible world the natural way, as God intended it. I recently experienced the loss of my mother and watching Barbara's video and reading her books really helped prepare me and my family for her death. Highly recommend these books for anyone with a terminal illness or elderly family members.

These are supportive for those who will or are facing a hospice issue. I suggest getting them before the time is very close because at least two of these are geared for that. Our family read these and found them helpful but we found out the hard way that just as the books say no one is the same and nothing is normal.

Fact based, written by an Hospice nurse, info about coming to the end of life behavior. Everyone, IMO, who is, or knows, someone who is terminal, should read these little booklets. End of life behavior can be misunderstood; don't miss time w/ your loved one through ignorance. If you read these books, you will be prepared, and hopefully the time you have left will be well spent. My heart and prayers go out to anyone who needs these booklets.

Easy to read and understand for those who are preparing for the death of a loved one. Concise and educational. By understanding the signs and stages that one goes through as death approaches, fear is lessened.

These books are awesome and great for understanding the end of life care and how to understand the stages a dying person is going through. It also helps to know how to make the atmosphere calm and what things to say and not to say to prepare the dying person, families and friends. Awesome awesome. This is a must have. Carefully written and nothing is left out.

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